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Buddha Amitabha Sadhana Practice - Medicine Buddha Sadhana Practice - Compassion Buddha Chenrezig Sadhana Practice

at DDSC Temple

Khenpo Konchok Thupsang

Sunday, June 28, 2020

10 AM to Noon

COVID-19 Preventative Measures

- *Physical distancing 6 feet from others*
- *Greeting with a "wave" instead of physical contact*
- *Face Covering with Mask*
- *Wash hands frequently with alcohol-based hand sanitizer or with soap & water*
- *Communication & Awareness*
  - Have you traveled to a known hot spot?
  - Have you had contact with a diagnosed COVID-19 patient in the last 14 days?
  - Do you currently have fever, chills, cough, difficulty breathing, headache, sore throat, muscle/ joint aches, diarrhea, abdominal cramps or nausea, loss of taste or smell?
  - If the participant or visitor answers "yes" to any of the above questions, please do NOT come to the temple, but contact the primary care physician.

Khenpo Konchok Thupsang was born in eastern Tibet not far from Gar Monastery. His father, a devout Buddhist practitioner and respected physician, taught Thupsang reading and writing, as well as, giving him inspiration to follow the Dharma teachings. Khenpo Thupsang entered the Kagyue Monastery in Tibet at the age of 15 and he further studied sutra and tantra in the Dzongar Buddhist College. Since then, Khenpo has been abbot and teacher at the Lhagon Jangchub Choling Buddhist Cultural Society in India for several years.

Khenpo Thupsang recently came to the USA to teach Dharma in the Garchen Rinpoche sanghas. During the recent COVID-19 health quarantine, Khenpo has been in DDSC reciting prayers and Kangyur texts.

For more information, please contact: drikungdharmasurya@gmail.com
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