

## Drikung Dharma Surya Center

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# Drikung Dharma Surya Center

## On-line Teachings and Practices Until Further Notice

- During the current stay-at-home health crisis, DDSC will host Dharma programs available to everyone on their smart-phones, touch-screens and computers
- To participate: Download the free ZOOM basic subscription for your devices at:

<https://zoom.us/signup>

### Khenpo Samdup Rinpoche events:

#### Weekdays - Monday thru Friday

11 AM to 12 Noon EDST

Achi Chokyi Drolma Practice,  
Achi Smoke Offering and  
Parnashavari Practice

#### Tuesday Evenings

5:00 to 6:00 PM EDST

Learning Buddhism book teachings  
Source of Temporary and Permanent Happiness

#### Wednesday Evenings

6:00 to 6:30 PM EDST

Open Silent Meditation  
Enhance the power of your personal practice by  
joining together with our Dharma community to  
practice silent meditation.

6:30 to 7:30 PM EDST

Foundational Teachings In Buddhism  
Learn the fundamental principles of Buddhism.

### Garchen Children's Practice

Saturdays at 2 to 3 PM

on-line prayers, book reading and discussion with  
Lisa Buschmann  
Aleksandr Smirnov  
Fawn Bui

Buddhism 101 w/senior lay instructor

Due to fluctuating schedules see website or  
contact: [ddsc.buddhism101@gmail.com](mailto:ddsc.buddhism101@gmail.com) for  
date, time and meeting ID and password

Topic: Stages of Meditation

Chapter 6 Vipassana Insight Meditation

### NEW

Send email to request ZOOM  
Meeting ID# and Password

[drikungdharma@gmail.com](mailto:drikungdharma@gmail.com)

[gar.kids.ddsc@gmail.com](mailto:gar.kids.ddsc@gmail.com)

[ddsc.buddhism101@gmail.com](mailto:ddsc.buddhism101@gmail.com)

Download following texts at [drikungdharma.org](http://drikungdharma.org)

- Achi Practice
- Parnashavari Practice
- Deity Yoga Practice Text

DONATIONS are gratefully accepted on  
our website to continue support for DDSC

No one turned away for lack of funds

For more information please contact: [drikungdharma@gmail.com](mailto:drikungdharma@gmail.com)

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