

Drikung Dharma Surya Center
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Drikung Dharma Surya Center

On-line Teachings and Practices June 15 to June 21, 2020

- During the current stay-at-home health crisis, DDSC will host Dharma programs available to everyone on their smart-phones, touch-screens and computers
- To participate: Download the free ZOOM basic subscription for your devices at:
<https://zoom.us/signup>

Khenpo Samdup Rinpoche events:

Weekdays - Monday thru Friday

11 AM to 12 Noon EDST

Achi Chokyi Drolma Practice,
Achi Smoke Offering and
Parnashavari Practice

Tuesday Evenings

5:00 to 6:00 PM EDST

Learning Buddhism book teachings
Source of Temporary and Permanent Happiness

Wednesday Evenings

6:00 to 6:30 PM EDST

Open Silent Meditation
Enhance the power of your personal practice by
joining together with our Dharma community to
practice silent meditation.

6:30 to 7:30 PM EDST

Foundational Teachings In Buddhism
Learn the fundamental principles of Buddhism.

Saturday & Sunday Mornings

9:00 to 10:45 AM EDST

Meditation and Yidam Deity Practice

The Stages of Meditation with Khenpo Samdup Rinpoche

Saturday & Sunday, June 20 & 21, 2020

Teaching Session — 11:00 AM to 1:00 PM

Meditation Session — 6:00 to 7:00 PM

Garchen Children's Practice

Saturdays at 2 to 3 PM

on-line prayers, book reading and discussion with
Lisa Buschmann

Aleksandr Smirnov

Fawn Bui

Buddhism 101 w/senior lay instructor

Fridays, June 19 at 7 PM

Topic: Meditation Practice

OH AH HUNG Purification Practice

**Send email to request ZOOM
Meeting ID# and Password**

drikungdharmasurya@gmail.com

gar.kids.ddsc@gmail.com

ddsc.buddhism101@gmail.com

Download following texts at drikungdharmasurya.org

- Achi Practice
- Parnashavari Practice
- Deity Yoga Practice Text

**DONATIONS are gratefully accepted on
our website to continue support for DDSC**

No one turned away for lack of funds

For more information please contact: drikungdharmasurya@gmail.com

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