Empowerment and Teachings by Venerable Khenpo Choephel

Saturday July 9
10AM~Noon Twenty-one Tara Teaching
Noon~2 PM Lunch Break
2~5 PM Buddha Green Tara Empowerment with Instructions

Sunday, July 10
10AM~11:30 AM Buddha Green Tara Practice & Meditation
11:30~Noon Questions and Answers
12~2 PM Lunch Break
2~4:30 PM Buddha Green Tara Practice & Meditation
4:30~5 PM Questions and Answers

For more information please contact: drikungdharmasurya@gmail.com
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Lance David Bergerson: 443.794.5560

Suggested Donation:
$60 per person entire weekend, includes text and lunch
No one turned away due to lack of funds
Your greater generosity is always appreciated
The practice of Buddha Green Tara is one of the most important of all the Buddhist practices. Green Tara’s emerald green color, relating to the wind element, signifies that she is the active principle of compassion, thereby capable of bringing to fruition all activities that benefit others. Tara declared to Bodhisattva Chenrezig “I will protect those who fear the suffering of samsara. Don’t Worry, I will protect them.” As consort to the meditation Buddha Amoghasiddhi, her wisdom overcomes jealousy. Together, Buddha Green Tara and Buddha Amoghasiddhi symbolize the All Accomplishing Wisdom of the Buddhas.

Just hearing or reciting her name with devotion in the mantra of

**OM TARE TUTTARE TURE SHVA HA**

... can liberate sentient beings from the eight or sixteen fears, overcome illnesses of the mind and body, and dispel obstacles that block awareness of one’s inner nature.

**Supplication to the Seven Taras:** once when Lord Jigten Sumgön was staying at Echung Cave, having attained Buddhahood, he has a vision of the Seven Taras. At that time he made this supplication prayer. This prayer has manifold magnificent blessings.