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## Special Teaching Meaning of the Sand Mandala Mindfulness Meditation

Sunday, March 26, 2017

10 AM ~ Noon

by

**Lama Tashi**

Shrine Master for  
His Holiness the 14th Dalai Lama's  
Namgyal Monastery  
Dharamsala, India

DDSC is honored to host Lama Tashi for this special teaching. Lama Tashi is quite humble and prefers to remain in the background during His Holiness the 14th Dalai Lama's teachings and practices in Namgyal Monastery, India. However, Lama Tashi has graciously agreed to come to DDSC and lead our sangha on this auspicious opportunity.



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