

Drikung Dharma Surya Center
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JANUARY 2018 DDSC DHARMA EVENTS

Saturday, January 6

1-Day Retreat of Great Drikung PHOWA

With Venerable Khenpo Samdup

10AM ~ Noon: Phowa Teachings

2 ~ 5PM: Phowa Practices w/ Meditation

**Suggested Donation: \$20/person,
including lunch at noon**

Sunday, January 8, 10 AM~5 PM, Lunch at Noon

One-day Retreat Nyingne Purification Practice

With Venerable Khenpo Samdup

Fasting, mantra recitation and prostrations

**Suggested Donation: \$20/person,
including lunch at noon**

Saturdays, January 13 & 20 10 AM ~ Noon

Ngondro Refuge

Inner Preliminary Practice

with DDSC senior lay practitioners

Sundays, January 14 & 21, 10 AM ~ Noon

Buddha Amitabha Practice

with DDSC senior lay practitioners

Saturday & Sunday

January 27 & 28, 10 AM ~ 5 PM (Lunch at Noon)

2-Day Shamatha Retreat

Calm-abiding Meditation Teachings and

Practices from the book: *Stages of Meditation*

With Venerable Khenpo Samdup

**Suggested Donation: \$40/retreat/person,
including lunch at noon each day**

Registration is highly encouraged

NEW Beginning January 24

Wednesdays at 6:45 ~ 8:15 PM

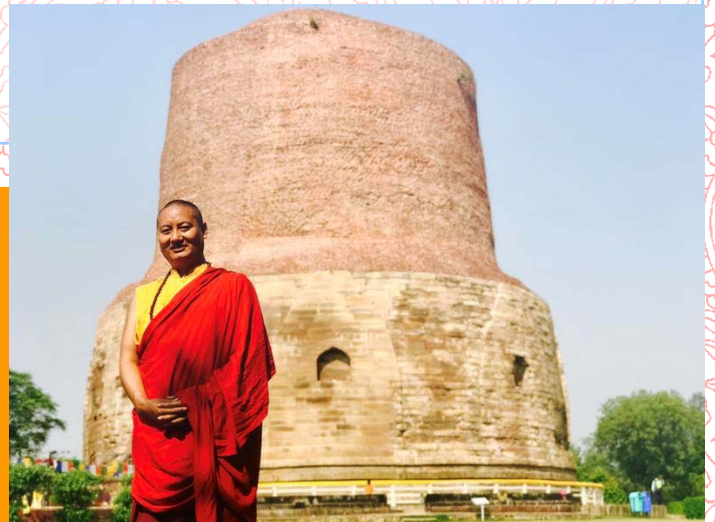
Meditation Workshop open to everyone

With Khenpo Samdup or senior practitioner

Individual Meditation Instruction

available by appointment

Call Khenpo Samdup to schedule: 937.581.3181



Khenpo Samdup
DDSC Spiritual Director
At the Dharmachakra Stupa
Sarnath, India

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