

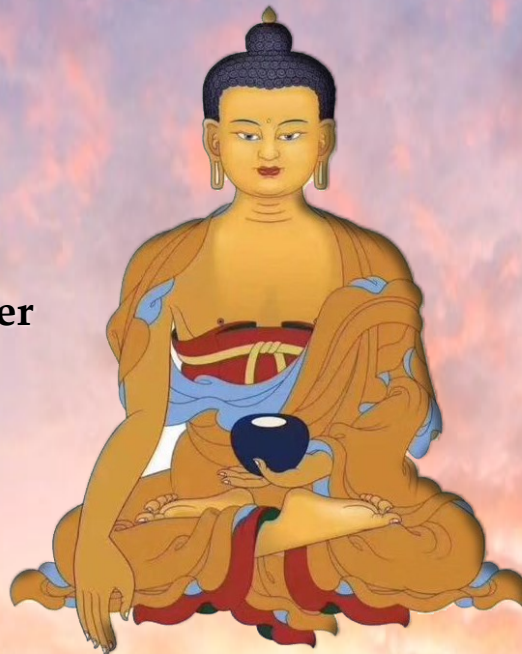
# HAPPY VESEK 2020

Celebrate with Venerable Khenpo Samdup Rinpoche

Thursday, May 7 at 7 PM

ZOOM Meeting ID# 998 9230 8832 Password: 966372

**Buddha Shakyamuni Puja**  
**The King of Aspiration Prayer**  
**The Heart Sutra**  
**The Supplication to Tara**  
Download text at: [gardrolma.org](http://gardrolma.org)



Hosted by:  
Gar Drolma Buddhist Meditation Center  
Garchen Meditation Centre of Canada  
Garchen Meditation Center of Michigan  
Garchen Tara Monastery  
Drikung Dharma Surya Center

Vesek is the day we celebrate Buddha Shakyamuni's birth, enlightenment and Mahāparinirvana. During this time, mantra chant and meritorious action are multiplied by the hundreds of thousands and thereby highly beneficial for the beings in the six realms, especially during this deadly pandemic.

Stay home, Save lives. With Love and Compassion.

Khenpo Samdup Rinpoche