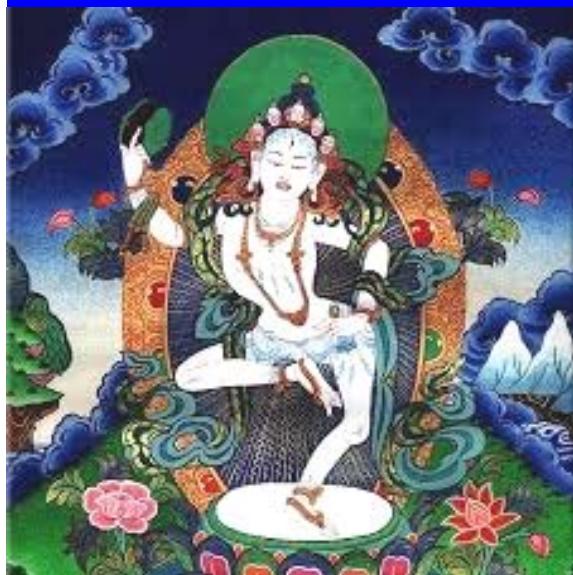


KUSALAY TSHOG CHÖD

*From the Profound Teachings of Lord Jigten Sumgön
with Venerable Khenpo Tenzin Nyima*



PRACTICE RETREAT

*Saturday and Sunday
November 16 & 17, 2019*

10 AM ~ 5 PM Lunch: Noon ~ 2 PM

Registration at the door

\$40 each day includes lunch

\$70 entire 2-day retreat

Chöd is an advanced practice, and in particular, one must engage in the Bodhisattva way of mind training, which is based on the great compassion and wisdom and the altruistic thought. The main focus is cutting attachment and hatred through uprooting ignorance.

The system of this practice was founded by the great enlightened Lady Machig Drolma in Tibet in the 11th century. She is a manifestation of Prajñā Paramitā. This Chöd practice, the white offering, was composed by Lord Jigten Sumgön, who in the 12th century, was the reincarnation of Arya Nagarjuna.

Khenpo Tenzin Nyima resides in the Gampopa Vajrayana Buddhist Center in New Jersey and he has been a longtime disciple of the late Lamchen Gyalpo Rinpoche. Khenpo is blessed with a clear and powerful voice and he is an master practitioner of the Chöd.



For more information please contact: drikungdharmasurya@gmail.com

Fawn Bui: 703.623-5492

Lance David Bergerson: 443.794.5560

Drikung Dharma Surya Center

5300 Ox Road

Fairfax VA 22030

703.273.5189

drikungdharmasurya.org

drikungdharmasurya@gmail.com

