

# WHITE TARA RETREAT

*Empowerment, Transmission, Instruction & Practice*

Bestowed by Venerable Lama Gape Thupten Nima



*Friday, January 18, 2019 at 7 PM  
White Tara Empowerment*

*Saturday and Sunday  
January 19 & 20, 2019*

*10 AM ~ 5 PM Lunch Noon ~ 2 PM*

*White Tara Transmission,  
Instruction and Practice*

*Registration at the door  
\$40 each day includes lunch*

“Like any deity yoga practice, White Tara practice is performed to achieve enlightenment, buddhahood. Since White Tara is an embodiment of the Buddha’s activities, this practice emphasizes dispelling obstacles to life, prolongs longevity, and encourages good fortune.”

*Pearl Rosary page 115 by Khenchen Rinpoche*



**Mantra accumulations will be dedicated to  
the long-life of our beloved  
H.E. Garchen Rinpoche**

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