5300 Ox Road Fairfax VA 22030 drikungdharmasurya.org

# 👱 Drikung Dharma Surya Center 💇



# Compassion Buddha Green Tara

## Supplication to the Seven Taras

Empowerment and Practice Instructions Saturday ~ Sunday, July 9 & 10, 2016





Empowerment and Teachings by Venerable Khenpo Choephel



Compassion Buddha Green Tara

Saturday July 9 10AM~Noon Twenty-one Tara Teaching Noon~2 PM Lunch Break 2~5 PM Buddha Green Tara Empowerment

Suggested Donation:

\$60 per person entire weekend, includes text and lunch No one turned away due to lack of funds

Your greater generosity is always appreciated

Sunday, July 10

10AM~11:30 AM Buddha Green Tara Practice & Meditation

11:30~Noon Questions and Answers

with Instructions

12~2 PM Lunch Break

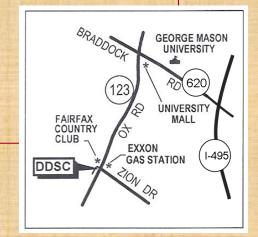
2~4:30 PM Buddha Green Tara Practice & Meditation

4:30~5 PM Questions and Answers

(Over for details)

For more information please contact: drikungdharmasurya@gmail.com Tri Bui: 703.926.1423

Lance David Bergerson: 443.794.5560





### Compassion Buddha Green Tara Supplication to the Seven Taras Venerable Khenpo Choephel



Saturday~ Sunday, July 9 & 10, 2016

**Venerable Khenpo Choephel** is originally from Drigung Thil Monastery, the head monastery of the Drikung Kagyu lineage. While at Drikung Thil, Khenpo received many teachings and instructions, first from Pachung Rinpoche and later from Pachung Rinpoche's successor, Gelong Rinpoche Vajradhara Tenzin Nyima. Aside from having received extensive teachings in Mahamudra from these two great masters, Khenpo also is a master in the ritual traditions of Drikung Thil Monastery and has further received training in debate and philosophy at Drepung Monastery in Tibet. Before he left Drikung



Thil for Nepal, Khenpo Choephel served as the chant-master of the monastery. In 2007, he was appointed "Khenpo" by Drikung Thil Monastery. Khenpo served as one of the three spiritual directors at Tibetan Meditation Center in Frederick, Maryland until 2011 and now is the Resident Lama and Spiritual Director of the Three Rivers Dharma Center in Pittsburgh, PA. Khenpo is well known for his warm and sincere interest in his students and his ability to inspire them with heartfelt practice recitations. Khenpo Choephel currently gives a series of teachings and leading the retreats on the Fivefold Path of Mahamudra, which is the most important profound practice and essence of all the dharma of Buddhism.



The practice of Buddha Green Tara is one of the most important of all the Buddhist practices. Green Tara's emerald green color, relating to the wind element, signifies that she is the active principle of compassion, thereby capable of bringing to fruition all activities that benefit others. Tara declared to Bodhisattva Chenrezig "I will protect those who fear the suffering of samsara. Don't Worry, I will protect them." As consort to the meditation Buddha Amoghasiddhi, her wisdom overcomes jealousy. Together, Buddha Green Tara and Buddha Amoghasiddhi symbolize the All Accomplishing Wisdom of the Buddhas.

Just hearing or reciting her name with devotion in the mantra of

#### OM TARE TUTTARE TURE SHVA HA

can liberate sentient beings from the eight or sixteen fears, overcome illnesses of the mind and body, and dispel obstacles that block awareness of one's inner nature.

Supplication to the Seven Taras: once when Lord Jigten Sumgön was staying at Echung Cave, having attained Buddhahood, he has a vision of the Seven Taras. At that time he made this supplication prayer. This prayer has manifold magnificent blessings.