

VENERABLE KHENPO SAMDUP RINPOCHE
37-BODHISATTVA PRACTICES BOTH DAYS
BESTOWAL OF THE
BODHISATTVA VOW AND REFUGE VOWS
SATURDAY AFTERNOON
LAMA CHOPA AND TSOK SUNDAY AFTERNOON



SATURDAY & SUNDAY
JUNE 1 & 2, 2019
10 AM TO 5 PM
Lunch Break at 12 to 2 PM



The **37-Bodhisattva Practices** composed by the 14th century monk Ngulchu Thogme Zangpo, describes the everyday attitude and behavior of the body, speech, and mind that trains, purifies and transforms an aspirant while on the path to be a bodhisattva.

The **Bodhisattva Vow** enables an aspirant to commit to the lifestyle of a holy being whose devotion is to the realization of the absolute wisdom, true nature mind and to the aspiration for liberation of phenomenal dualistic nature for oneself and all beings, nurtured by the compassion for the sake of others.

Refuge Vows The first step of entering the door to the Buddha's path is to take refuge. The real essence of taking refuge is to practice non-violence or non-harming toward all sentient beings. We take refuge in the Three Jewels—the Buddha, Dharma, and Sangha.

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All donations gratefully accepted.
No one turned away for lack of

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