

A Treasure of Glorious, Endless Life

a long-life supplication for Khenchen Konchog Gyaltsen Rinpoché

I supplicate the longevity deities: Buddha Amitayus,
holder of the long-life treasure,
Usnisha Vijaya, maintainer of long-life primordial wisdom,
White Tara wish-grating wheel of long-life bestowal –
Please pour your streams of longevity-elixir!

You have the view-realization of Nagarjuna and Maitripa;
The meditation experience of Tilopa, Naropa, Marpa, and
Lord Mila;

The conduct of correct acceptance and rejection of
Gampopa, Phagmodrupa, and Kyopa Jigten Sumgön,
May you, holder of this treasury of view, meditation, and
conduct, live long!

Your body is like Ngog-tön Do-de, endowed with
listening-wisdom;
Your speech is like Chän-nga Drag-jung, endowed with
contemplation-intelligence;
Your mind is like Dri-gung Ling-pa, endowed with
meditation-*samadhi* –
May you, master of listening, contemplating, and
meditating, live long!

Your renowned learning destroys the confidence of
falsehood-speakers;
Your fragrant discipline cuts down the arrogant;
Your cool shade of excellence skillfully encourages all
living beings –
May you, master of learning, discipline and excellence,
live long!

You maintain the validity of the Gong-chig teaching-
tradition;
Your lion's roar defeats all debate challenges;

Your compositions expand the tenet-system of the
Kagyü lineage –
May you, great master of teaching, debating, and
composing, live long!

Khenchen, Lord of Speech, so that you may raise aloft
for the benefit of the world on the summit of Mount
Meru,

A **Three Jewels'** scripture-and-realization **Victory
Banner** that will never fall,

May your *vajra* health and lotus feet be ever steadfast!
By the blessings of the Three Jewels and the ocean of
Conquerors,

The power and might of the oath-bound Dharma
protectors,

And the infallible basic character of interdependence,
May all these aspirations be fulfilled swiftly and without
hindrance!

*As requested by Khenpo Thubten Yeshe, this long-life prayer of appropriate
length for Khenchen Konchog Gyaltshe of the Drigung Kagyü lineage was
written with pure intention by His Holiness the Drigung Kyabgon, Konchok
Tenzin Kunzang Thinle Lhundrub, the one blessed with the title Gyalwa
Drigungpa, on the 7th of October 2008 (Earth-mouse Year, in the 17th
Rabjung).*

Mind-Training in Eight Verses Dedication



With a determination to accomplish
The highest welfare for all sentient beings
Who surpass even a wish-granting jewel
May I train to hold them as supremely precious.

Whenever I associate with others may I train
To think of myself as the lowest among all
And respectfully hold others to be supreme
From the very depths of my heart.

In all actions may I train to search into my mind
And as soon as an afflictive emotion arises
Endangering myself and others
I will firmly face and avert it.

May I train to cherish beings of bad nature
And those oppressed by strong sins and suffering
As if I had found a precious
Treasure very difficult to find.

When others out of jealousy treat me badly
With abuse, slander, and so on,
May I train to take on all loss,
And offer victory to them.

When one whom I have benefited with great hope
Unreasonably hurts me very badly,
May I train to view that person
As an excellent spiritual guide.

In short, may I train to offer to everyone without
exception
All help and happiness directly and indirectly
And respectfully take upon myself
All harm and suffering of my mothers.

May I train to keep all these practices
Unfiled by the stains of the eight worldly conceptions
And by understanding all phenomena as like illusions
Be released from the bondage of attachment.

Composed by Geshé Langri Tangpa (1054-1123)

